



Newsletter: September 2014

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In other news

Calling all volunteers!

If you have a few hours to spare why not spend it volunteering for Action For Kids? Volunteers are needed for exciting new roles including chaperoning, our Saturday Bike Café, work placements and many more activities within Action For Kids.

Checks and induction training will be given to all volunteers.



London 360

Action For Kids was featured on the [Community Channel's London 360](#) programme.

CEO Graham Duncan discusses the importance of including those with disabilities in the wider workforce.

With only 46% of disabled people in employment, the segment looks at some of the steps we've taken to help.



Thanks to

- [CrossFit North London](#)
- [The Queens pub, Crouch End](#)
- Everyone who supported Action For Kids at the London Market Cargo Dinner
- N M Rothschild
- [Xylem / Water Process Ltd](#)
- [The Co-operative Membership Fund](#)
- [Foreign Versions Ltd](#)
- [Loon Fung](#)

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Tom's Appeal

19-year-old Tom urgently needs your help to get a new powered wheelchair. Tom was diagnosed with Duchenne Muscular Dystrophy at age four. This is a life-limiting condition causing a gradual loss of muscle; there are only about 100 cases of this condition diagnosed in the UK every year and there is no cure.

After seven years his current wheelchair is now far too small and unreliable for him to maintain an active life as he approaches his 20s. He's had incidents where the wheelchair's controls have stopped working, even an incident of him rolling down a hill as a result – luckily he escaped with only a minor injury, but this shows real reliability problems with his aging wheelchair.



Tom's wheelchair is his only lifeline to access the world around him; it's very much an extension of his own body which makes any problem with his wheelchair a major issue for him. Many of the simplest aspects of day to day life like feeding or changing himself are simply beyond Tom's ability, but the new wheelchair will extend the possibilities and horizons of his life immeasurably.

Support Tom by [donating to his appeal](#) today, or find out more from [our website](#).

RideLondon

We'd like to say a huge thank you to our extremely brave cyclists from [Devonshires Solicitors](#) and [Linklaters](#) for battling torrential rain and horrendous wind on Sunday 10th August to complete the 2014 [Prudential RideLondon-Surrey100](#).

We're extremely proud of them and can't thank them enough for their hard work training and fundraising for this spectacular event.



Despite the weather, RideLondon was once again well attended by crowds of supporters ensuring this event really is becoming the "London Marathon" of cycling.

If you'd like to apply to join our team for 2015 [email Lucy Duxbury](#) or call us on 020 8347 8111.

Short Breaks Video

As part of our summer holiday programme three of our young people have created a short animated video highlighting different aspects of learning disability faced by them in everyday lives.



The first video, "Invincible Diva & The Autism Brain" highlights the effects of Autism through the eyes of those who have been diagnosed with the condition. The second, "Adam & The Rock" details Adam's own troubles with learning difficulties.

You can view all three videos on the [Action For Kids YouTube page](#).

Sylvia's Legacy

Sylvia loved children and young people, and following her passing last year her family decided to make a donation in her memory. This gift to Action For Kids will ensure that Sylvia's legacy will help the lives of disabled people, improving independence and getting them the skills that they need to thrive. Our current programmes helping young people to move into work and develop their social skills have a bright future thanks to their generosity.



If you would like to know more information about how you can leave a legacy with Action For Kids for future generations, [visit our website](#) or [email our Legacy Team](#).

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